



Greetings brothers and sisters, as we continue on our journey together through the Mass, this week we'll look at the 'Lord's Prayer'

Here we have the way our Lord taught us to pray to our Heavenly Father. Praying the Lord's Prayer together as a community has been a part of both personal and public prayer from the earliest centuries of our Church. In the Lord's Prayer a petition is made for daily food, which for us Christians, means preeminently the Eucharistic.

Pope Saint Gregory the Great called this prayer "the perfect prayer to say over the Lord's Body and Blood, because it asks for the 'Daily Bread' of the Eucharist, as well as asking for forgiveness of sins and the forgiveness of others." We see how in this prayer we will ask our Loving and Merciful Father; "forgive us our trespasses", but then Jesus adds some responsibility on us as well, that we also, "forgive those who trespass against us". That right there is such a beautiful and powerful way for us to reconcile ourselves with God, and it is also such a powerful way for us to reconcile ourselves with one other, so that through this prayer and the relationships that we engage in with God and neighbor, we can bring some much needed peace into our lives. The Lord's Prayer is such a perfect way for us as individuals, and also as a gathered community of brothers and sisters, to prepare ourselves to actually receive that 'Daily Bread' that we ask for, as we get closer to the moment in the Mass where we will receive our Lord's Body and Blood.

*Love & Blessings,
Deacon Ryan*

