



### *A Journey through the Mass...*

*Greetings brothers and sisters, as we continue on our journey together through the Mass, this week we'll look at 'The Introductory Rites'.*

The *Act of Penitence* is where the Celebrant invites all of us present, the gathered community, to take part in a formula of general confession where we bring to mind the things we have done, as well as those things we may have failed to have done throughout the past week. This helps us in preparing ourselves to actually take part in the Celebration of the Sacrifice of the Mass.

The *Kyrie Eleison / Christe Eleison*, which is Greek for "Lord, have Mercy / Christ have Mercy", is spoken or chanted as part of the penitential rite, which allows all of us, as the gathered faithful, to acclaim the Lord and to implore the Lords Mercy.

"*Gloria in Excelsis Deo*" (Latin for "Glory to God in the Highest") is the hymn of praise which begins with the words that the angels sang when the birth of Christ was announced to shepherds in Luke's Gospel, it is an ancient hymn in which the Church, (us) is gathered together in the Holy Spirit, Glorifying God.

The purpose of these Introductory Parts is to ensure that we, the faithful who have come together as one body, establish communion and prepare ourselves to listen to God's Word and to celebrate the Eucharist worthily.

*Love & Blessings,  
Deacon Ryan*

