

# *Treasures of Our Faith*

By Deacon Ryan Adams

## Holy Saturday

During the day on Holy Saturday, we, the Church meditate and reflect on the suffering and death of Jesus. Holy Saturday is a day of deep reflection, we reflect on that day that Jesus was buried in the tomb. Along with this deep reflection, we also have the building excitement and the Anticipation of celebrating Christ's resurrection at the Easter Vigil and at our Easter Sunday Masses.

Holy Saturday is a good day for us to remember, that just like the original apostles, we to are called and sent into the world to announce the good news of our faith to others. Not always just through our words, but also by our actions, by simply living lives of moral integrity, by upholding the dignity of all human life and demonstrating to the world what it truly means to do our parts to live out Gods dream for us, which is to live in a universe where there will be no more wars, for us to no longer fear one another, but to love and care for one another, to truly live as brothers and sisters in a community of faith, hope and love. So throughout the day on Holy Saturday we reflect, we look inside ourselves and we anticipate the joyous events of celebrating Christ's resurrection.

