



A Journey through the Mass...

Greetings brothers and sisters, over the next few months I am going to journey with you as we walk together through all the various parts of the Mass. Hopefully in doing so, we can continue to have a greater, deeper and more engaged connection and relationship with the Liturgy and with our Lord.

I look forward to taking this journey with you all...

Let's start our journey off with - **'Why do we go to Mass on Sundays?'**

Sunday is a Holy day because Jesus made it Holy, by His Resurrection on Easter Sunday, the Holy Spirit made it Holy by descending from Heaven upon the Apostolic Church on Pentecost Sunday. From the very beginning of the Church, Sunday has been designated "The Lord's Day." From the earliest days of the Church, Christians have understood that being a Christian isn't only a private matter, it's a community matter. We are called to be Christians together; while we can, and most certainly should, engage in our own private worship and relationship with God throughout the week, our primary form of worship is public and communal, which is why Sunday Mass is so important. We continue that beautiful tradition of coming together on Sundays and worshipping side by side, as brothers and sisters and children of God.

By her authority, the Church has made every Sunday, a day of obligation; and the Church has also designated certain other days of the year which are of special liturgical importance as Holy Days of obligation. The more we actively participate in Mass with faith and devotion, the closer our relationship with God and with one another becomes. Every Mass we attend is a source of countless Graces we receive from God. It is here in Gods house that we are reminded of who we are. As we come together on Sunday in community we are given the Grace to go out into the world to be the disciples that we are called to be.

I'll see you at Mass...

Love & Blessings,

Deacon Ryan



